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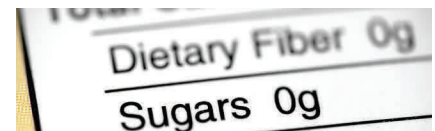
FOOD

NO. 197/12 DEC 2012

## EU UPDATES NUTRITION AND HEALTH CLAIMS REGULATION

On 8 Nov 2012, the European commission published two new regulations in the Official Journal of the European Union. These regulations amend Regulation (EC) No 1924/2006 of 20 December 2006 on nutrition and health claims made on foods.

The first of the two is [Regulation \(EC\) No. 1047/2012](#) with regard to the list of nutrition claims. The amended claims in this regulation can affect food operators that use following claim groups.



THE CLAIMS ON (EC) NO.1924/2006	REQUIREMENTS	THE CLAIMS AMENDED ON (EC) NO.1047/2012
"SODIUM-FREE or SALT-FREE"	Amended claim	<b>"NO ADDED SODIUM/SALT"</b> For the product which has no added sodium/salt and the product which contains no more than 0.12 g sodium, or the equivalent value for salt / 100 g or mL.
REDUCED [NAME OF THE NUTRIENT]	Amended claim to be applied to following conditions	1) <b>"reduced saturated fat"</b> in case: <ul style="list-style-type: none"><li>▪ If the sum of saturated fatty acid and trans-fatty acid in product is at least 30% less than the sum of saturated fatty acid and trans-fatty acid.</li><li>▪ If the content in trans fatty acids in the product bearing the claim is equal to or less than in a similar product.</li></ul> 2) <b>"reduced sugars"</b> in case <ul style="list-style-type: none"><li>▪ If the amount of energy of the product bearing the claim is equal or less than the amount of energy in a similar product</li></ul>

The second regulation is related to health claims. According to Regulation (EC) No.1924/2006 in article 14(1), the European commission has established the [Regulation \(EC\) No.1048/2012](#) because there are two applications (EFSA Journal, 2011) from Cargill Incorporated and Valens Int. d.o.o., requiring a health claim wording that is related to the effects of barley beta-glucans on lowering of blood cholesterol and reduced risk of (coronary) heart disease:

- <http://www.efsa.europa.eu/en/efsajournal/pub/2470.htm>
- <http://www.efsa.europa.eu/en/efsajournal/pub/2471.htm>



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Therefore, the EU commission considered and amended the health claim that should be indicated on food products regarding the consumption and benefit of barley beta-gluten is as follows:

NUTRIENT	CLAIM	CONDITIONS OF USE
Barley beta-glucan	Barley beta-glucan has been shown to lower/reduce blood cholesterol. High cholesterol is a risk factor in the development of coronary heart disease.	Information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 3 g of barley beta-glucan. The claim can be used for foods which provide at least 1g of barley beta- glucan per quantified portion.

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